the cognitive decline of persons with AD.

Memantine is approved by the FDA for the treatment of moderate to severe dementia. A nonpharmacologic 6-week study evaluated improvements in mental ability and daily functioning in elderly, independent-living adults who were

too high. Other side effects include dizziness when standing up and, very rarely, painful erections in men. In addition, sun exposure may help with sleep problems and light therapy should be considered.

Toxic Effects-Serotonin Syndrome Residents with depression and pain frequently benefit from dual treatment with ser

symptoms. Use of risperidone is recommended. Typical anti-psychotics make the symptoms worse.

The atypical anti-psychotics in widest use now are risperidone and olanzapine. There is a high risk of diabetes and glucose must be monitored closely.

Treatment of Anxiety and Panic Disorder

## **Antianxiety Medication**

Benzodiazepines are a group of about a dozen medications that cause sedation and can relieve anxiety. They are best used only in temporary situations—once in a while for sleep or for a daytime crisis of anxiety or agitation when